

# Spring 2017 Activities Programme

Ring 0191 273 7443 for details



Monday	Flower Arranging	Cornerstone	Fortnightly 10:30 - 12:30
	West End Local History Programme	West End Library , Condercum Road	Monthly 1:00-3:00
	Easy Walks	Departs from Search	Monthly 10.30 am
Tuesday	Sporting Chance	Grainger Boy's Club Scotswood Sports Centre, Denton Road	12.00-2.00
	Tai Chi	Fenham Association of Residents, Acanthus Ave,	11:30-12:30
	Knit & Natter	Cornerstone	1:30-3:30
	Afternoon Dance	Robert Stewart Memorial Church Hall	Last Tuesday of the month 1:30-3:30
Weds.	Computer Club	Search , 74 Adelaide Terrace	10:00-12:00 & 1:00-3:00
	Art Classes	West End Library	Enrolment each term 10:00-12:00
	Singing for your Brain	River View Lodge	10:30 -12.30 (fortnightly)
Thursday	Coffee Morning Includes monthly activity	St James Church Benwell Lane	10:30- 12:00
	Crafts	Cornerstone	1:30 – 3:30
	Gentle Exercise	St Johns' Church, Ferguson's Lane,	1:30-2:30
Friday	Computer club	Search, 74 Adel. Tce,	10:30-12:30
	Film Club	West End Library, Condercum Road.	Monthly 2:00 – 4:00

All classes are friendly and informal and many of the tutors are 50 themselves. Classes charge no more than £2.50 per session and new members are very welcome. Ring 0191 2737443

We also run a variety of courses, workshops and trips out.

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**Easy Walks** Short minibus trips for people who find it hard to get out of the area. Booking essential £2.00.

**Flower Arranging:** Group members bring along their own flowers but other materials are provided. £2 per session

**West End Local History Programme:** Interesting monthly talks on a range of local History topics. All welcome. Free

**Sporting Chance:** Indoor sports and games. £1 for tea and bacon butty

**Tai Chi:** £2 per session. Relaxation, circulation, balance. 40-46 Acanthus Ave,, Fenham

**Knit & Natter:** Search can provide knitting needs, wool and simple patterns, or you can bring along your own knitting. 40p for tea and biscuits

**Tea Dance:** An enjoyable dance session on the last Tuesday of each month; with refreshments £1

**Art Classes:** This course is delivered by the WEA (Workers Educational Association) phone 2126100 or contact Search for details

**Singing for the Brain:** Singing is not only an enjoyable activity, it can also provide a way for people to express themselves and socialise with others in a fun and supportive group. Free

**Computer Club:** (booking essential) Sessions are informal and paced at each individuals comfort level. Please get in touch for more details. Free

**Crafts:** This group meets weekly to explore various crafts.

**Gentle Exercise:** Have fun and make new friends with Pauline Wright every Thursday 1.30-2.30pm. Only £1.50 per session

**Film Club:** Enjoy old favourites with new friends. Free