

## Lunchlinks West Network's list of lunch opportunities for the over 50's

Supported by Search-Helping Older People in the West of Newcastle

Telephone: 0191 2737443



Lunch Club Name	Day	Location and contact	Lead By	Cost	Capacity	Any other info	Network support required
	<b>MONDAY</b>						
Chain Reaction Friendship Group  Simonside Centre. Newbiggin Hall	Monday 2pm – 3.30 pm	Bedeburn Rd, Newcastle upon Tyne NE5 4JQ Karen at Chain Reaction at Search 0191 2737443	Chain Reaction at Search and Volunteers	Contribution to Refreshments	20 People		Referrals
Buy and Bite West Denton Morrison  (Covers West Denton, Chapel House/ Chapel Park Lemington, Throckley)	Mondays 11am – 1.30pm	West Denton Morrison Safia at Lunchlinks at Search 0191 273 7443	Chain Reaction at Search Staff and Volunteers	£5 Transport, Morrison Menu costs for meal	11 people Transport, more can join just for Lunch	Café Menu	Referrals and Support

	<b>TUESDAY</b>						
Manisty House Lunch Club	Tuesday 12pm-2pm	Manisty House, Atherton Drive, Benwell, Newcastle upon Tyne NE4 7UN Safia at Lunchlinks at Search 0191 2737443	Tenants Group Volunteers	From £1 for a bowl of soup or jacket potato	25 People	By Referral or open to Tenants of Manisty House	Referral
Denton youth and community project	Tuesday 11.30am - 1.30pm	Hillheads Road, West Denton, NE5 1DN Tel: 0191 264 7566	Staff	£3.50	30 People	2 Course Lunch, Cup of tea.	Referrals
West End Reformed Church	Tuesdays term time only 11am – 1pm	Lanercost Drive Fenham Mrs Pat Fox Tel: 0191 267 0512	Volunteer	£3.50	25 people	2 course meal, cup of tea.	Referrals
St James Church	Tuesday 11.30am – 1.30pm	Benwell Lane opposite Lidl's. Benwell. No need to book	Volunteer	Donate what you can afford	Unlimited	Drop in style, Sandwiches, cakes, scones	Referrals, Training
Coffee Morning St Roberts Church	10am-12noon	St Roberts Church, Wingrove Road .	Volunteer	Contribution	Unlimited	Coffee Morning	Referrals
West End Women and Girls	Every Tuesday 11am – 1pm	West End Women's and Girls Club, Elswick Road. Safia at Search 0191 273 7443	Search Lunch Links Staff and Volunteers	£5	Unlimited	Hot Lunch and tea.	Referrals and support
Peregrine Falcon,	First Tuesday every month	Hillheads Rd West Denton	Search Lunch Links Staff	Pub Menu Golden Years	Unlimited		Referrals Support

Hungry Horse	11.30am – 1pm	Safia at Lunchlinks at Search 0191 273 7443		menu for under £5			
Wicker Chair	Group meet Every 2 <sup>nd</sup> Tuesday 11am until 1pm	Stamfordham Road, Westerhope. Chain Reaction at Search 273 7443	Chain Reaction	Café Charges	Unlimited	Chain Reaction.	Referrals, support to introduce people.
Lemington Centre, Friendship Lunch	Tuesdays 12pm-1.30pm Starts March 18	Lemington Centre Lemington Karen at Chain Reaction at Search 0191 2737443	Chain Reaction	£3.50 2 course meal or Café Charges	Unlimited	Chain Reaction	Referrals support to introduce
Mrs T's Cafe	Group meet Every 2 <sup>nd</sup> Tuesday 11am until 1pm.	Blakelaw community centre. Chain Reaction at Search 0191 273 7443	Chain Reaction	Café Charges	Unlimited	Chain Reaction	Referrals, support to introduce people.
	<b>WEDNESDAY</b>						
Cornerstone.	Wednesdays	Cornerstone Community centre, 62 Armstrong Road, Benwell Contact Lynne 0191 226 0941	Staff and volunteers	£3.00p	25 people	2 course hot lunch and friendship	Training
FAR Community Centre	Wednesday 11am – 1pm	Acanthus Avenue, Fenham, Newcastle Contact Mark Tel 0191 274 9264	Volunteer	£3.50	25 people	2 course meal and cup of tea	Referrals.
Asian Ladies Group	Wednesday 11.30am – 2pm	Stanton Street Lounge, Stanton Street	Volunteer	Bring in own food	25 People	Bring in what you choose,	Referrals.

		Safia at Lunchlinks at Search 0191 273 7443				exercise activity.	
Buy and Bite, Cowgate ( Covers Fenham, Blakelaw, Benwell, Cruddas Park)	Wednesdays 11am – 1.30pm	Morrisons, Cowgate Newcastle Safia at Lunchlinks at Search 273 7443	CR Search Staff and Volunteers	£5 transport Café Costs for food.	11 people Transport	Café menu	Referrals and support.
Holy Nativity	3 Wednesdays per month 11.30am – 1.30pm	Holy Nativity Church, Hillheads way Chapel House	Volunteers	£5 for meals and Donations on 1 week			Referrals and Support
	<b>THURSDAY</b>						
Slatyford Tenants Association		Slatyford Lane, Newcastle. Safia at Lunchlinks at Search	Staff and Volunteers	£4.00	25 people	2 course Hot Lunch, Bingo	Referrals, Training.
St James and Basil Church	Thursday 10am – 3pm	Fenham Hall Drive, Newcastle No need to book	Volunteer	Pay per item as you Choose	Unlimited	Soup, Roll, Tea, Coffee, cake	Referrals.
Bishops Court,	Thursdays 11am – 2pm	Tebay Drive, Slatyford.	Search Staff Volunteers	£15 for meal and door to door	40 people	2 course hot meal, tea and biscuits plus	

		Safia at Lunchlinks at Search 273 7443		accessible transport		door to door accessible transport and activities	
St Roberts Church	Thursday	Bolbec Road Fenham Clare O Toole 0191 2273342	Volunteers	£4.00 2 course meal	35 people	11am – 1pm	Referrals
Asian Ladies Group	Thursday 11am-3pm	Alan House, Wingrove Road North.	Staff				Referrals
Scotswood Community Centre	Thursday 12pm -2pm	Armstrong Road Scotswood, Lauren and Malla Tel; 0191 2742429	Staff and Volunteers	Time Bank No Charge	20 People	2 course Hot Lunch, Cup of tea.	Referrals
	<b>FRIDAY</b>						
Asian Elders	Friday 10am until 1pm	Baptist Church, Westgate Road NE4 6EY	Volunteers	£1.00	30 People	Snacks,	
Post BOC Friendship Group	Friday 1pm-3pm	Westerhope Institute Hall, Hillheads Road, Westerhope	Search at Chain Reaction			Primarily for People with breathing problems.	
Bradleys Coffee Morning	Friday 11.30am - 1pm	Bradleys Coffee Shop, Fenham Hall Drive, Fenham No need to book	Search at Chain Reaction	Buy What You Choose.	10 People	Coffee Shop Menu	Referrals and support
Alan House	Fridays Fortnightly starts at 12 noon	Asian Ladies Group, open to Residents and Outside visitors	Staff	Food Brought in.	6 people		Referrals

	<b>DAILY</b>						
The Grange	Monday to Friday	The Grange Throckley Tel: 0191 267 3728	Staff	£3.50	40 people	2 course meal and cup of tea	Referrals
Time Exchange	Monday to Friday	Time Exchange Stanton Street, Arthurs Hill	Staff and Volunteers	Time bank	Unlimited		Referrals
Ferguson Lodge	Monday to Friday	Home Delivery Tel; 0845 370 3756	Staff	£5.00	Unlimited	2 course meal delivered to your door.	Referrals